

The Leprosy Project Limited

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April 2014– March 2015 Annual Activities Report

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1. Executive Summary

- Nutrition Programme by offering cooked food to acute malnourished children in Xide commenced in early August, 2014. Medical Director Dr. Theresia Liem stayed more than 3 weeks in Xide to monitor the operation the programme. The programme was divided into 2 cohorts of totally 17 acute malnourished children under the age of six. The programme provided three cooked meals prepared by staff strictly under the WHO guideline to ensure the children with balance nutrition and diet. As we could not provide cooked food for the acute malnourished children in Jinyang and Butuo due to geographical issues, the Project shall provide NRG 5 to acute malnourished children for three months after the provision of F-75 for 12 days. The programme would be implemented in Jinyang and Butuo in the first quarter of the year 2015-2016
- Total expenditure of field operation in Liangshan for the year April 2014 to March 2015 was RMB1,512,209.51. Expenditure incurred by Hong Kong Office for the same period was HKD377,401.37
- The following is a summary of key programmes activities of the project year April 2013 to March 2014:

1.1 Physical Rehabilitation

- Project staff reached the target of scheduled village visits to all 7 villages and 2 homes during the year.
- 89.3% of PALs who were able to carry out self-care. Our target is 85%.
- Ratio of PALs with ulcer was recorded at 13.8% at the end of March 2015. Our target is 15%.
- No infected ulcer found and only 1 new ulcer case within the year.
- Training of healthcare workers was implemented in Xide at the end of January, 2015.
- Management systems in improved procedures of POD works and preparation of POD were reinforced.
- Assessment on results of services and POD data collection of all PALs in all of our Project sites were conducted.
- POD supplies and tools to all Project sites were distributed on time to ensure Healthcare workers are equipped with adequate supplies and tools to serve PALs.
- Regular maintenance of prosthetic devices was given throughout the year.
- 6 PALs from Puge and Xide received eye surgery in March 2015.
- 32 PALs had dental extraction last year, denture were installed to the PALs in Butuo and Luding who had dental extraction.

1.2 Education

- An amount of RMB74,360 was paid to grant 112 bursaries to both primary to university students. A total of RMB 20,000 together with learning aides was awarded to students with outstanding academic performances.
- The June 1 Children's Day and the associated ceremonies were held at schools in Xide, Jinyang and Butuo. These successful events had 100% participation of school teachers and students.
- At Butuo School, a 70 M² school canteen was built. This facility also included a fully equipped kitchen and store room in order to meet the need of increasing number of the students who attend this school.
- We have also installed computers in the schools of Jinyang and Butuo. These help the teachers to prepare teaching materials and exam papers for students. We could do with more.
- Students' academic results have been improved tremendously with the support of "Suomahua" Volunteers, who come to teach in our schools.
- The Project has received donation of 359 sets of desk and chairs for students to use at home within our Project villages. Donations of raincoats, shoes and school uniforms were also received.
- A Solar energy heater was installed for the shower room in the school of Butuo, as the children are now required by us to wash before they attend school. This cuts down the risk of Leprosy Spreading.

1.3 Public Awareness Education

- 14 villager representatives were invited to a summary conference of project activities of previous year in Xide to give their comments and suggestions for future programme planning.
- 5 Rota-actors from Canada and Hong Kong together with 10 volunteers from Xichang College spent 6 days visiting, Luding, Xide, Yanbian and Huili for promotion of nutrition programme, hygiene and health education programmes.
- A graduation ceremony of Xihe Primary School was organised by staff with great support from volunteers on the day of Children on June 1st this year.
- Another graduation was held in the Primary school of Butuo in July with the participation of all villagers.
- A one day tour in Panzhihua was held for elderly and disabled PALs in Yanbian with the support of local volunteers from Panzhihua. 10 volunteers from Panzhihua also visited Butuo in January, 2015
- The Leprosy Day event was held in the Moon Square of Xichang City in January.
- Volunteer photographers visited our villages and publicized our Project through their blogs

- which attracted more than ten thousands views; and photography books and exhibition will be published and held afterwards.
- 9 villager representatives from Xide, Luding, Puge, Jinyang, Butuo and Ganluo attended the project planning conference in Xide in February with the participation of Dr. Theresia Liem and Sebastian Tseung from Hong Kong. Framework of project activities for the year 2015 to 2018 was then drafted.

1.4 Community Nutrition, Hygiene and Health Education

- 5 Rota-actors spent 8 days visiting our villages for hygiene and health education programmes together with local volunteers from Xichang College in Luding, Xide, Huili and Yanbian
- Household hygiene assessment was conducted every quarter by staff during visit, staff also conducted health and hygiene education to every villagers at the same time.
- Hygiene kits and supplies were dispatched to villagers quarterly.
- Data collection for malnourished children in Xide and Butuo were conducted again for a more accurate number of acute malnourished children for pilot treatment.
- Nutrition programme of providing cooked food to replace RUTF to acute malnourished children under the age of 6 was commenced in early August, 2014.
- A nutrition centre and kitchen was built for the nutrition programme, and the front yard was paved with concrete to ensure hygiene of the clinic and nutrition centre.
- Training on community health and hygiene was conducted in January, village representatives and committees members were gathered in Xide for a 3 days training.
- 15 refuse collection points were built in Xide, Butuo, Jinyang and Ganluo. Community hygiene has been greatly improved; villagers were learning not to throw way rubbish anywhere they liked.
- Various kinds of vegetable seeds were dispatched to villagers in Xide, Puge, Jinyang and Xide for letting villagers provide home grown vegetables for the sustainability of the nutrition programme.
- Chicken sows for laying eggs were also given to villages in January 2015 so that villagers, especially malnourished children are able to obtain more protein from their daily diet. Chickens have been found that they have been laying eggs since March 2015.

1.5 Community Development

- Water tower and storage tank were completed in Yanbian, PALs there are able to enjoy clean and fresh water, and can store water for the use of dry season.
- Water project for Xide, Jinyang and Butuo has been under assessment, and funding for water project for these three villages shall begin once the plans are confirmed.

1.6 Staff Training and Capacity Building

- Project Manager attended three-week training in Harvard University on project management.
- All staff had also attended three-day training and capacity building activity in Xichang focusing on programme design and planning.

2. Board Activities

2.1 Meetings and major resolutions

- The Board held four meetings during the period.
- The sixth AGM of the Company was held on 8th December, 2014.
- Mr. Jim Wardell resigned from Board as Director in March, 2015.

2.2 Corporate Business

- The Board was obliged to the following professional services companies for their continued pro bono services to the company in 2014 2015 as follows;
 - Accountants from Sapphire International Limited Accounting services
 - Profectus & Co. Certified Public Accountant Auditing services
 - Profectus Corporate Solutions Limited Company Secretarial services

3. Project Overview

- The Project covered 9 project sites 7 villages, namely Xide, Puge, Ganluo, Butuo, Jinhyang, Muli and Luding; and 2 rehabilitation homes, namely Huili and Yanbian.
- As of 31st March 2015, there were a total of 1690 villages in these 9 project sites, among them where 290 were PALs.
- The Project focused programmes on medical and POD works, alongside with on-going education, children nutrition, hygiene and health education, social awareness and community development programmes which was agreed and resolved at the board meeting of previous year.

4. Project Partner and Field Staff

- The Liangshan Prefecture Centre for Disease Control and Prevention (CDC) remained the local partner of the Project, and Handa in Guangzhou as Consultant.
- By the end of the period, there was a staff of 8 in Xichang office and 1 in Hong Kong office.
- The Project would like to thank Mrs. Laurie Lemmlie-Leung for the maintenance of the Project Webpage and editing the newsletters, and Mr. Bob Mcnab for pro-bono designing of promotional materials.

5. Project Monitoring

- Medical Director Dr. Theresia Liem paid 4 visits to project sites and Xichang office in regular basis to oversee programme implementation and work progress.
- Chairman Tony Leung, Directors John Bowden, also visited Xide for the assessment of water project. Chairman Tony Leung paid another visit in November 2014 to visit Luding, Ganluo and Xide for programme assessment.

6. Finance Control

• Finance control was under supervision of Mr. Tony Leung, Director of Finance of the Board. Accounting and auditing services were provided pro bono by accountants from Sapphire International Limited and Profectus and Company respectively.

7. Programme Implementations

7.1 Physical Rehabilitation

• There were a total of 1690 villagers and where 290 are People Affected by Leprosy (PAL) at the end of the project year of 2013 to 2014. The distribution of beneficiaries of the project with comparison to previous year is as follows:

	X	P	G	В	J	M	L	Н	Y	Total
# of villagers in Q4 2014	406	539	111	210	162	135	63	51	16	1693
# of villagers in Q4 2015	408	540	112	212	160	132	61	49	16	1690
# of PAL in Q4 2014	83	52	13	37	29	20	25	29	16	304
# of PAL in Q4 2015	81	50	13	35	28	17	23	27	16	290

Where X = Xide, P = Puge, G = Ganluo, B = Butuo, J = Jinyang, M = Muli, L = Luding, H = Huili and Y = Yanbian.

- Project staff has reached the target of scheduled village visits to all 7 rehab villages and 2 rehab homes to carry out POD work, assessment of healthcare workers, conducting health and self-care education, quarterly POD data collection and distribution of POD supplies and tools. Quarterly visit to remote villages such as Jinyang and Butuo were schedule, whereas other villages are scheduled to visit twice quarterly. Since the condition of PALs and no ulcer cases recorded in Muli so that a bi-quarterly visit was scheduled for Muli in order to save more resources for other villages, regular calls from village coordinator are made to ensure the HCW and PALs have adequate POD supplies and tools.
- There were 304 PALs at the end of last year, and 290 PALs at the end of March 2014 since there were 10 PALs passed away.
- There were 259 PALs who could carry out self-care properly which was 89.3% of all PALs, and it reached our target of 85% of PALs who are able to carry out self-care. The majority of PALs who are able to carry out self-care, only a very small number of PALs who could not persist in doing their daily self-care routine.
- There were 40 out of 290 (13.8%) PALs with ulcers at the end of March 2015. Total number of ulcers also dropped from 63 to 57. Though there was no significant improvement of the ulcer cases, 95% of the ulcers have been under control for not being deteriorated and preventing from disability caused by ulcers.
- No new cases of infected found within the year. There was 1 new ulcer case found but cured within the year.
- Assessment on results of services and POD data collection of all PALs in all of our Project sites were conducted.
- Training of healthcare workers was implemented in late January 2014. Nine healthcare workers participated in the five days training; they spent the four days in Xide for on-site

- operation and theoretical training. Attending healthcare workers were able to grasp 98% of what they have learned during the on-site operation training. They have understood the importance of on-site operation under sterile circumstances; that was a big step stone for them to enhance their fundamental knowledge in healthcare.
- Training on management system of healthcare workers, assessment of performance, sterile operation, children nutrition, health and hygiene education, treatments and care of ulcers, infections and callosity were conducted during these four days. All healthcare workers were able to understand the procedure of healthcare, preparation and maintenance of healthcare kits and supplies and sterilization and management of the clinic.
- Timely distribution of POD supplies and tools to all Project sites to ensure Healthcare workers are equipped with adequate supplies and tools to serve PALs.
- Completion of updating of PAL's need for protective and orthopedic devices. A
 data-base of PAL in need of protective and orthopedic devices was created and devices
 were dispatched accordingly to PAL.
- More than 700 pairs of shoes, more than 600 pairs of hand gloves, 5 clutches, 3 wheelchairs and 12 protective kneepads were delivered to PAL in need during the period.
- There has not been any new production of prostheses during last year, since all PALs wearing prostheses were equipped with new ones the previous year. Regular maintenance is still offered during the period. Amputee PALs could be able to wear their tailor made prostheses which made their daily lives much easier and regular maintenance makes ensure the PALs are comfortable with their prosthetic devices.
- Other POD supplies and tools have been distributed timely. Protective and orthopedic devices have been acted as a protective shield to PAL to avoid further deterioration of ulcers and wounds.
- Collection and evaluation of the use of supplies and devices by PAL and conduct regular reparation during regular village visits. PALs were able to use devices and tools provided by the Project to make their daily lives more convenient.
- 6 PALs successfully received different eye surgeries in March 2015, two of them from Puge and the rest from Xide. Staff have been following up closely with the PALs who had the eye surgery to see if there is any complications.
- 32 PALs had dental extraction last year, dentures were installed to the PALs in Butuo and Luding who had dental extractions shall have their dentures installed during next visit of the dental surgeons. Dental care and surgery has been much needed not only by PALs, but also villagers; since they have been short of dental care knowledge and supply of dental care products that caused lots of dental problems among PALs and villagers. The Project has carried out the inaugural dental care and surgery programme last year in Butuo and Luding. This made PALs and villagers in need more convenient in having their meals and greatly improved their oral hygiene.

7.2 Community Education

• The Project received 112 applications for bursaries during last school year. Our staff conducted a check for each application by household visits. The staff ensured all the applications matched the criteria for the bursaries scheme. Thus the sum of RMB74,360 were disbursed for both semesters of the school year of 2014 to 2015.

Please refer to the table below for detailed information of bursaries.

Village		Primary	Junior	Senior	University	Total	
Puge	# of applications	26	20	12	7	65	
	Amount	6760	10000	12000	14000	42760	
Luding	# of applicants	2	2	6		10	
	Amount	520	1000	6000		7520	
Butuo	# of applicants	4	6	2		12	
	Amount	1040	3000	2000		6040	
Xide	# of applicants			1	4	6	
	Amount			1000	8000	9000	
Jinyang	# of applicants	4	16			20	
	Amount	1040	8000			9040	
Total number of times of students benefited:							
Total amount of bursaries disbursed:							

- Scholarships of RMB9,700 were awarded to students of the village schools in Xide, Puge, Jinyang and Butuo. The scholarships were granted according to their academic results in their classes. There was one first prize who received RMB200, two second prizes who received RMB150 and three third prizes who received RMB100 as an encouragement for their hard work in school. Learning aides such as pencil cases, fountain pens, pencils and notebooks were distributed to all students to encourage them to work harder in their studies. Most parents could not afford extra learning kits to their children in the village; children can have proper learning kits for doing homework and studying at home.
- This programme has ensured higher schooling rate of students within these villages. Secondly there has been a remarkable reduction in student drop-out rates. More students

want to go onto secondary education in Butuo and Jinyang; the overall attendance rate in the villages over the last years has improved dramatically. Villagers told us that the education programme is one of the most successful programmes of the Project; they all could see the changes of the learning attitude of the children as well as the consciousness of the parents. Parents are also keen on participating in school events such as June 1 Children Day events, Graduation Ceremonies and other related events in schools.

(Prizes included water colour and pens, pencils, pencil sharpener and notebook for lower grade classes (P1 to P3); fountain pen, compass, ink, notebook and ball pens for higher grade classes (P4 to P6).

List of no. of beneficiaries of scholarship and rewards of 2014-2015										
May 2015										
Ва	asic Informati	on	Schola	arship	Rewards					
Village	Grades	Total	No. of	Total	Rewards	Rewards				
		Students	Beneficiary	Scholarship	for P1 – P2	for P3 – P6				
	P1	30	6	800	30					
	P2	32	6	800	32					
Puge	P3	30	6	800		30				
	P4	28	6	800		28				
	P5	30	6	800		30				
	P6	21	6	800		21				
	Sub-total	171	36	4800	62	109				
	P2	40	6	800	40					
Xide	Р3	34	6	800		34				
	P6	30	6	800		30				
	P8	12	3	450		12				
	Sub-total	116	21	2850	40	76				
Jinyang	P1	37	6	800	37					
	P5	13	3	450		13				
	Sub-total	50	9	1250	37	13				
Butuo	P2	50	6	800	50					
	Sub-total	50	6	800	50					
To	tal:	387	72	9,700	189	198				

- 6 volunteers from Xichang College celebrated the June 1st Children Day in Jinyang. The school attendance rate in Jinyang has increased dramatically this year. We have to thank our staff and volunteers for continually informing parents of the importance of education.
- Project staff held a special graduation ceremony for the school in Butuo this summer.
 local Government officials and village heads were invited to the ceremony in this very

- remote village. The local radio station broadcast this ceremony live to all citizens in Butuo County. This is a very significant achievement for all concerned.
- With the support of "Suomahua" Organisation the teaching standards and results achieved by the children in Butuo has improved greatly. At inception, the best marks in this school were only 30 to 40 / 100. So you can imagine the teachers were proud to announce the best score in school was 86.5 and 96 in Chinese Language and Mathematics. The score in Chinese Language was particularly high for ethnic Yi minority students in China. The Volunteer Staff said credit has to go to the teachers and the students themselves. The villagers are also very proud as the scores are even higher than those for some of the schools in neighbouring towns. The School has also launched regular extra curriculum activities such as flag raising ceremony, i.e. the same as in the other schools in neighbouring towns. The implementation of volunteer visit programmes and continued education to parents about the importance of education, has directly improved the school attendance rate. The villagers in Butuo told us when they went outside; their social status had improved, as the broadcast had improved the image outsiders had of the village.
- A 70 m² school canteen was built in the school. Soon it will be in use, when it is equipped with a proper kitchen and dining tables. The project has become larger than we planned at the beginning. There has been a significant increase in student enrolment, which we did not anticipate. Thus a bigger canteen was needed. As the school is very remote village, and there is a three-hour climb up, and then down to the village, the transportation of building materials is very high. So the cost estimates went up. Students no longer have to have their meals on the ground outdoors. They can eat in the canteen during the hot summer days. In the winter, they no longer have to eat in the wet, or when it snows.
- These villages have had very little in the way of teaching materials. So the demand for the use of the computer systems with printers greatly increased. So for the Butuo and Jinyang schools, the staff bought two sets of computers with printers for these two villages, to enable the teachers to produce more notes and teaching materials for the students. They will need more to teach with in due course, to bring these students into the modern world. The donation of the computers has been welcomed by the teachers and village management officers. The teachers can prepare exam papers, teaching materials and notes more easily. They could also store all teaching materials in the computer.
- A solar Energy Heater was installed for the shower room of the school in Butuo. The
 installation of the solar energy heater has encouraged the children have hot showers
 especially on cold winter days. This has considerably improved their personal hygiene.

7.3 Public Awareness Education

• 14 village representatives from Luding, Butuo, Ganluo, Puge and Xide were invited for the conference of summary of project activities for previous year in Xide; comments and

- suggestions were given by representatives for programme planning of current year. Project staff then concluded that building of refuse collection points, water supply and storage programme for agriculture and community use and agriculture and animal husbandry training programmes are much needed by the villagers.
- 5 Rota-actors from Canada and Hong Kong together with 10 volunteers from Xichang College spent 6 days visiting, Luding, Xide, Yanbian and Huili for promotion of nutrition programme, hygiene and health education programmes. More than 500 villagers were benefited from the activities.
- A graduation ceremony of Xihe Primary School was organised by staff with great support from volunteers on the day of Children on June 1st this year. Villagers from all over the village were invited to the ceremony. Scholarship and bursaries were awarded to students at the ceremony in Jinyang, Xide, Butuo and Puge.
- Another graduation was held in the Primary school of Butuo in July with the participation
 of all villagers within the village and local Government and village officials were invited
 to the ceremony, the ceremony was also broadcasted by local radio station which brought
 larger impact to the activity.
- A one day tour in Panzhihua was held for elderly and disabled PALs in Yanbian with the support of local volunteers from Panzhihua. PALs visited the zoo and wetland park in Panzhihua.
- 10 Volunteers in Panzhihua also visited Butuo in January, winter clothes and food supplies were also donated to the PALs in the village.
- The yearly Leprosy Day event was successfully held in January, 2015 at the Moon Square of Xichang. 25 volunteers helped launch the event and co-sponsored by 7 private enterprises. The event attracted more than 4000 people and more than 2000 leaflets were distributed during the event.
- Through internet publicity, the Project received more than 350 sets of desks and chair for schools, donation of RMB2500 for PALs in Yanbian and Butuo.
- Famous photographers Ms. Bi Lixin, Li Di and Chen Xiaoguai visited our project villages regularly to help publicize our Project through their social network, and received more than ten thousand views which help promote our project throughout China. Photography books about our Project villages are also planned to be issued by these photographers.
- 9 villager representatives from Xide, Luding, Puge, Ganluo, Jinyang and Butuo attended the three-day brain storm meeting in project planning for 2015-2018 in Xide in early February, 2015 with the participation of Dr. Theresia Liem and Sebastian Tseung from Hong Kong. Programme frameworks and plans were drafted and a three-year project frameworks and plan with budget was drafted by the team after the meeting.
- The following links are the media coverage of activities held during 2014-2015.
 http://bilixin.blog.siyuefeng.com/
 http://weibo.com/u/3175284127

http://special.scdaily.cn/14cblspd/sdxw/20150129/2015129111314.htm

 $\underline{http://user.qzone.qq.com/984511010/infocenter?ptsig=1EGs6JIuAsGwrXfCgbD37zQMfh}\\paur4vHgWvPs6NTH8$

http://user.qzone.qq.com/984511010/2

http://theleprosyproject.blog.163.com/blogBackendManage.do?fromnewcenter#m=0 http://pzh.newssc.org/system/20140909/001494161.html

7.4 Community Nutrition, Hygiene and Health Education

- 5 Rota-actors from Canada and Hong Kong together with 10 volunteers from Xichang College spent 6 days visiting, Luding, Xide, Yanbian and Huili for promotion of nutrition programme, hygiene and health education programmes. More than 500 villagers were benefited from the activities. A cooking competition was held in Xide in order to teach parents of malnourished children about balanced diet and cooking, that was also a preparation of implementing the nutrition programme.
- Since the import license for RUTF was reclined by local health department with the reason of the process of being too complicated, Medical Director Dr. Liem has worked out a contingency plans in case there is any problem in importing RUTF. She has strictly followed the WHO guidelines of energy density intake for every child which is similar to RUTF, and conducted training to all staff of the nutrition programme before implementing the progamme. We have designed our own F-75 substitute with supplement of micro nutrients bought from the Netherlands, since children should not intake any iron during the first 12 days for balancing their electrolytes), after 12 days of F-75 substitute, we then began with the PumpyNuts substitute by cooking our own food for the children, 3 meals a day, and 2 times of milk (Friso, bought from distributor in Shanghai directly), until their weights were gained to normal level according to their age. We have started the provision of nutrition food in August for the 12 children of the first cohort and another 5 children of the second cohort in October in Xide. We provide these children three meals with balanced diet with recipes specially designed by matching the food available in the local markets; we also give milk twice a day. After the treatment of half year, more than of 80% of these children have reached the safe zone, which means their body weights have increased to a safe level according to WHO Health Standard. We have also trained 8 parents to help in the nutrition centre. Intensive training was given to these parents in personal hygiene, ingredients of recipes, kitchen safety and This is part of the participatory approach so that they can also start cooking balanced diet at home in a hygienic way. And these trained parents will share their experience with their neighbouring households.
- Community and household hygiene programme has been implemented regularly; hygiene supplies have been distributed timely. Half monthly assessment household hygiene performance assessed by village hygiene and health education management team, and there is also a quarterly assessment by project staff during their village visits. This is to

encourage villagers to participate in our hygiene programme. A T-shirt with the logo "volunteers on hygiene education" was given to every member of the management team. The volunteer teacher in Butuo told us that they have been to many other villagers in Liangshan that they have never seen a village can be hygienic like our village. They said it was the most hygienic village they have seen in Liangshan. Our village in Luding was elected the model village of hygiene by the County Government and was reported on TV news to praise for the hygiene of the village.

Table of distribution of hygiene supplies

Description	Statistics of supplies distributed 2014-2015						
of Hygiene Supplies	Apr to Jun	Jul to Sep	Oct to Dec	Jan to Mar	Total		
Water Buckets	5			80	85		
Rubbish Bin	10	10			20		
Sweepers	5	10	125	120	260		
Dustpans		10	40	50	100		
Mugs		950	200		1150		
Towels	980	1100	500	850	3430		
Soaps	200	280	0	250	730		
Toothpaste	524	1244	470	880	3118		
Toothbrush	890	1100	470	880	3340		
Washing powder	212	424	160	240	1036		
Detergent		380	160	240	780		
Washing basin	212	424	80		716		

- Data collection for malnourished children in Xide and Butuo were conducted again for a
 more accurate number of acute malnourished children for pilot treatment. The
 programme was planned to be implemented in the first quarter of 2015-2016 in Jinyang
 and Butuo.
- A nutrition centre and kitchen was built in Xide for providing cooked food to the acute malnourished children there. Chairman Tony Leung and Director John Bowden went to Xide to work on the concrete front yard of the clinic and nutrition centre, and the Project would like to thank Director Dr. Theresia Liem for donating the fund to build the front yard and Director John Bowden for the designing the front yard. We called the front yard, the "Bowden Plaza".
- A survey of the family agriculture plantation has been done in Xide, Puge, Jinyang and Butuo, and we have found out that the crops were monotonous which was not able to provide balanced diet and nutrition. The Project planned together with pilot households to spare some of their farming land to grow a greater variety of vegetables, and we have collected the data of suitable vegetables for future growing. Villagers can now enjoy extra four months with fresh vegetables within the year. Villagers now have better

- incentives to grow a larger variety of vegetables. Since the lack of irrigating water, our Project is now working on the water storage and irrigation programmes in Xide, Jinyang and Butuo.
- The Project has started the construction of refuse collection tanks since October 2014.

 15 tanks shall be built during this project year. That was aimed to avoid villagers discarding their refuse everywhere within the village and also to avoid contamination. The tanks in Butuo, Xide, Ganluo are finished and in service now. Due to landslide in Jinyang, 4 tanks in that village were completed in March 2015. A village cleaning up programme has also been conducted in above mentioned villages after completion of the tanks; sections have been divided in every village so that the villagers and the community hygiene committees are responsible for the hygiene and collection of refuse for their own section. Villagers are also educated with the hazard of non-disposable and non-biodegradable refuse. The labour input was provided by the villagers in building the tanks.

	Butuo	Xide	Ganluo	Jinyang	Total
No. of tanks built	5	4	2	4	15
No. of villagers benefited	250	420	130	180	980
Progress	completed	completed	completed	Completed	

- Training on community health and hygiene was conducted in January, village representatives and committees members were gathered in Xide for a 3 days training. The training included environmental hygiene, household and personal hygiene and public health. Lectures, videos and PowerPoint slides were shown to all participants to ensure participants understanding of the training. The Project plans to do the same training quarterly in every village. There shall also be Q and A session after training.
- Staff distributed chicken sows for providing eggs to the community in Xide in January 2015, 100 households with approximately 400 villagers benefited from this programme. The hens in Xide have been providing eggs in March and April, 2015. This is one of the programme that is to maintain the sustainability of the nutrition programme. More chicken sows would be delivered to Puge, Jinyang and Butuo afterwards.

7.5 Community Development

• Water supply of Yanbian Rehab Home may be suspended during dry season, since the villagers living on the upper source of the water might turn of the taps. Water can become muddy during rainy season as well. In view of this, a water tank to store filtered water is much needed for these elderly PALs. We would like to thank Rotary Club Schwetzingen-Kurpfalz from Germany for donating to build the water tower and tank, and Director John Bowden and Jim Wardell for supporting the fee of structure engineer from

Chengdu for designing the water tower. PALs there told us that they have never tried such clear and sweet water before, and the pipes were connected directly to a water boiler and another tap for daily use. PALs can enjoy non-stop supply of boiled drinking water and clean water for cooking.

• Director John Bowden and Chairman Tony Leung had travelled to Xide in 2014 to assess the water project in Xide and the planned to do the assessment for Jinyang and Butuo in April, 2015. Fund raising has been going on for water project in these three villages.

7.6 Staff Training and Capacity Building

- Project Manager Kelly Xu attended three-week training in Harvard University in The USA and Qinghua University in Beijing in August 2015. The training mainly focused on team consultation, team capacity building, project publicity and project management.
- All staff in Xichang office attended a three-day project planning and management training
 with speakers from various famous NGOs and trainer from Hong Kong. Staff learned
 principles in project planning and plan logistics in order to improve our project
 management level.