



The Leprosy Project Limited

Regd. Charity No. 1100629

601 Eastern Harbour Centre

28 Hoi Chak Street

Quarry Bay, Hong Kong

+852 2873 5050

info@theleprosyproject.org

www.theleprosyproject.org

April 2013– March 2014 Annual Activities Report

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1. Executive Summary

- The implementation of nutrition programme was commenced in April 2013 to help acute and chronically malnourished children in the villages after the survey based on the WHO guidelines, the programme was implemented in conjunction with hygiene and health education programmes.
- Total expenditure of field operation in Liangshan for the year April 2013 to March 2014 was RMB1,294,366.46. Expenditure incurred by Hong Kong Office for the same period was HKD330,542.62. A special budget for the medical and rehabilitation in Hong Kong for GFG (Girl from Ganluo) was set up and HKD26,067.78 was spent within the period.
- The following is a summary of key programmes activities of the project year April 2013 to March 2014:

1.1 Physical Rehabilitation

- Project staff reached the target of scheduled village visits during the year; staff spent 202 days on 64 visits to 7 rehab villages and 2 rehab homes during the period.
- 87.8% of PALs who were able to carry out self-care. Our target is 85%.
- Ratio of PALs with ulcer was recorded at 14.5% at the end of March 2014. Our target is 15%.
- All 3 infected ulcer cases were cured at the end of the year.
- Ensure Plus was offered to the healthcare worker, Dr. Yang, in Yanbian for three months in order to help speed up the recovery of his ulcers with no significant result/
- Assessment on results of services and POD data collection of 304 PALs in all of our Project sites were conducted.
- POD supplies and tools to all Project sites were distributed on time to ensure Healthcare workers are equipped with adequate supplies and tools to serve PALs.
- Training of healthcare workers was implemented in September, 2013. Eight healthcare workers participated in the five days training; they spent the first three days in Luding for on-site operation training. Training on management system of healthcare workers, assessment of performance, sterile operation, treatments and care of ulcers, infections and callosity were conducted during these three days. And then they spent the rest two days on Xide for training in children malnutrition, health and hygiene education.
- Management systems in improved procedures of POD works and preparation of POD tools and supplies were redefined to ensure all healthcare workers understand the new systems.
- Eye and dental surgeons from Guangdong came to Liangshan three times for dental surgery to 36 PAL and villagers. A total of 553 teeth were involved, in Puge and Xide in

May and November 2013 and January 2014. And the surgeons came again in early April to finalise and follow up all cases.

- A PAL in Huili had an amputation surgery of her left foot in November, 2013.

1.2 Education

- An amount of RMB74,700 was disbursed to 126 applications of the bursaries from primary to university students. Scholarship of RMB10,400 and learning aides were awarded to students with outstanding academic performance. With the support of bursaries and scholarship scheme, parents were relieved from the economic pressure of sending their children to schools.
- Nearly half of the 29 students in Butuo dropped out of the village school due to poor management and teaching of the school. After the coordination of Project staff and introduction of social worker and volunteer teachers for the school in Butuo, the total number of students increased to 53 which is 83% more than the original number of students.
- Summer volunteer teaching programme was successfully held in Butuo and Jinyang from July 13th to August 26th, 2013.
- School facilities enhancement programme was carried out in Jinyang and Butuo, a new school kitchen was built in Jinyang and electricity cables were rewired in the school of Butuo.

1.3 Public Awareness Education

- 8 Volunteers from Xichang College participated in recreation and hygiene education activities in Butuo and Yanbian.
- Villager volunteers in hygiene and health educations were recruited and a student health management team was also set up in the Xide
- The event of International Day of Leprosy was successfully held at Moon Square of Xichang City on January 20th, 2014.
- 6 volunteers attended the graduation ceremony of Xihe Primary School in Jinyang.
- A city tour called “Let’s go to the sea together in spring” was successfully held in March 2014 to bring 12 PALs to visit Xichang City.
- Project has printed 4500 copies of newsletters in 4 issues during the period.
- Donations of clothes, a horse for the village in Butuo and other resources have been received from various organisations and corporates within China.

1.4 Community Nutrition, Hygiene and Health Education

- Nearly 70 times of education on hazards of junk food, refuse and parasites were

implemented in 7 villages.

- Household visits were made at least twice to ensure everyone in the village could be benefited from such education, 20 college volunteers were organised to implement interactive hygiene education and assessment in Xide, Butuo and Yanbian.
- Management teams and systems on hygiene and health education were set up in 7 villages in order to monitor its implementation of the programme, as well as registration and distribution of hygiene supplies to participating households of hygiene programmes.
- Test on 8 water sources in Xide, Yanbian and Huili were implemented in conjunction with the nutrition programme.
- Weather stations were installed in Xide, Jinyang and Butuo to collect weather and rainfall data for agriculture programmes.
- Since the import license of RUTF has yet to be approved by the government, the provision of nutrition food was suspended and shall be implemented in 2014 to 2015.

1.5 Staff Training and Capacity Building

- Training on project implementation and management was offered by volunteer, former Red Cross Staff, Ms. Sonya Fock in December, 2013
- Staff Henry Xie and Rihai Riga attended Handa's social awareness events in Kunming and training course held by Handa in Yunnan in March 2014.
- Staff capacity building was held in a small fishing village in Xichang City.

2. Board Activities

2.1 Meetings and major resolutions

- The Board held four meetings during the period.
- The fifth AGM of the Company was held on 13th December, 2013.
- Mr. Malcolm Kemp and Mr. Thomas Wiedemann were appointed as Board member in June and November, 2013 respectively

2.2 Corporate Business

- The Board was obliged to the following professional services companies for their continued pro bono services to the company in 2012 – 2013 as follows;
 - Accountants from Sapphire International Limited – Accounting services
 - Profectus & Co. Certified Public Accountant – Auditing services
 - Profectus Corporate Solutions Limited – Company Secretarial services

3. Project Overview

- The Project covered 9 project sites – 7 villages, namely Xide, Puge, Ganluo, Butuo, Jinyang, Muli and Luding; and 2 rehabilitation homes, namely Huili and Yanbian.

- As of 31st March 2014, there were a total of 1693 villages in these 9 project sites, among them where 304 were PALs.
- The Project focused programmes on medical and POD works, alongside with on-going education, children nutrition, hygiene and health education and social awareness programmes which was agreed and resolved at the board meeting of previous year.

4. Project Partner and Field Staff

- The Liangshan Prefecture Centre for Disease Control and Prevention (CDC) remained the local partner of the Project, and Handa in Guangzhou as Consultant.
- By the end of the period, there was a staff of 8 in Xichang office and 1 in Hong Kong office.

5. Project Monitoring

- Medical Director Dr. Theresia Liem paid 3 visits to project sites and Xichang office in regular basis to oversee programme implementation and work progress.
- Chairman Tony Leung, Directors John Bowden, Nick Pirie and Thomas Wiedemann also visited project sites and office in Xichang to oversee and comment on programmes implementation.

6. Finance Control

- Finance control was under supervision of Mr. Tony Leung, Director of Finance of the Board. Accounting and auditing services were provided pro bono by accountants from Sapphire International Limited and Profectus and Company respectively.
- For the project year 2013 – 2014, total expenditure of field operation in Liangshan amounted to RMB1,294,366.46. Expenditure incurred by Hong Kong office for the same period was HKD330,542.62. A special budget for the medical and rehabilitation in Hong Kong for GFG (Girl from Ganluo) was set up and HKD26,067.78 was spent within the period.

7. Programme Implementations

7.1 Physical Rehabilitation

- There were a total of 1693 villagers and where 304 are People Affected by Leprosy (PAL) at the end of the project year of 2013 to 2014. The distribution of beneficiaries of the project with comparison to previous year is as follows:

	Xide	Puge	Ganluo	Butuo	Jinyang	Muli	Luding	Huili	Yanbian	Total
# of villagers in Q4 of 12-13	404	540	109	207	154	135	63	52	18	1682
# of villagers in Q4 of 13-14	406	539	111	210	162	135	63	51	16	1693
# of PALs in Q4 of 12-13	85	55	13	37	30	20	25	30	18	313
# of PALs in Q4 of 13.14	83	52	13	37	29	20	25	29	16	304

- There were 313 PALs at the end of last year, and 304 PALs at the end of March 2014 since there were 10 PALs passed away and 1 PAL moved to Xide through marriage within the year.
- There were 267 PALs who could carry out self-care properly which was 87.8% of all PALs, and it reached our target of 85% of PALs who are able to carry out self-care.
- There were 42 out of 313 (13.4%) PALs with ulcers at the last quarter of previous year; and the figure was recorded 44 out of 304 (14.5%) PALs who have ulcer at the end of March 2014. Our target rate is 15%.
- Total number of ulcers also dropped from 67 to 64.
- There were 3 infected ulcers within the year of 2013 to 2014, all of those infected cases were cured.
- There was a 3% new ulcers found during the period due to burn injuries in winters and ulcer recurrence. There was no new ulcer cases found in Puge, Muli and Butuo.
- Dr. Yang, the healthcare worker in Yanbian, had taken 6 tins of Ensure Plus for three months, but there is no significant improvement of his ulcer condition after taking Ensure Plus.
- Training of healthcare workers was implemented in September, 2013. Eight healthcare workers participated in the five days training; they spent the first three days in Luding for on-site operation training. Training on management system of healthcare workers, assessment of performance, sterile operation, treatments and care of ulcers, infections and callosity were conducted during these three days. And then they spent the rest two days on Xide for training in children malnutrition, health and hygiene education. Attending

healthcare workers were able to understand 95% of what they have learned during the on-site operation training. They understood the importance of on-site operation under sterile circumstances; that was a big stepping stone for them to enhance their fundamental knowledge in healthcare.

- Management systems in improved procedures of POD works and preparation of POD tools and supplies were redefined to ensure all healthcare workers understand the new systems. All healthcare workers were able to understand the procedure of healthcare, preparation and maintenance of healthcare kits and supplies and sterilization and management of the clinic.
- A data-base of PAL in need of protective and orthopedic devices was created and devices were dispatched accordingly to PAL.
- More than 2000 pairs of protective shoes ordered end of previous year arrived due to difficulties in locating suitable manufacturer who was willing to accept small orders in various sizes and shapes; and 883 pairs of shoes were delivered to PAL in need during the period. Protective shoes were dispatched to PALs every quarter.
- Production of 5 prostheses to replace the old ones for PALs in need. Actually eight prostheses were tailored made, five of them were dispatched for the year of 2013 to 2014 and the balance three were under the project year 2014 to 2015.
- Other POD supplies and tools have been distributed timely.
- Collection and evaluation of the use of supplies and devices by PAL and conduct regular repair during regular village visits.
- Eye and dental surgeons from Guangdong came to Liangshan three times for dental surgery to 36 PAL and villagers, a total of 553 teeth were involved, in Puge and Xide in May and November 2013 and January 2014. And the surgeons came again in early April to finalise and follow up all cases. Dental care and surgery has been much needed not only by PALs, but also villagers; since they have been short of dental care knowledge and supply of dental care products that caused lots of dental problems among PALs and villagers. The Project has carried out the inaugural dental care and surgery programme last year in Xide and Puge. The programme consisted of teeth extraction and installation of dentures that dental surgeons had to visit these two villages four times to finish all the procedures. This made PALs and villagers in need more convenient in having their meals and greatly improved their oral hygiene.
- A PAL in Huili had a very successful amputation surgery in the Central Hospital of Panzihua Municipality in November 2013. Her post-surgical rehabilitation has been doing very well and tailor made prosthesis was made and she is now wearing the prosthesis and practicing the rehabilitation exercise for better mobility.
- Since the demand for eye surgery is small, eye surgeon decided to implement next year.
- The post-surgical rehabilitation of the girl from Ganluo had been very successful and who was returned to Ganluo in May 2013. Staff have brought her to Xichang and Panzihua for body checkup and change of a pair of new calipers due to the development of muscles

that made the calipers too tight.

7.2 Community Education

- The Project received 126 applications on bursaries during last school year and staff has conducted survey on each application through household visits and approved that all of the applications matched the criteria of the bursaries scheme. A number of RMB74,700 were disbursed for both semesters of the school year of 2013 to 2014.
- Scholarship of RMB10,400 was rewarded to students of the village schools in Xide, Puge, Jinyang and Butuo. The scholarship was granted according to their academic results in their classes. There was one first prize who received RMB200, two second prizes who received RMB150 and three third prizes who received RMB100 as encouragement for their hard work in school. Learning aides such as pencil cases, fountain pens, pencils and notebooks were distributed to all students to encouragement for paying more hard work in their studies.
- The Project successfully launched summer volunteer teaching again in cooperation with “Siyu Plan” from 13th July to 26 August in Jinyang and Ganluo. 9 volunteers from Siyu Plan spent their summer holidays in Xihe Village in Jinyang and Kuihua Village in Ganluo; they had not only brought knowledge to the kids but also lots of joy and fun time. Volunteers had designed various courses and activities according to actual needs of each village. They taught Chinese language, Mathematics, English, Music, PE, Arts, Geography and Safety Education to children in these two villages. That not only strengthened the foundation of what they have learnt in school but also widened their vision which made the activity more interesting and fruitful.
- Volunteers had designed various courses and activities according to actual needs of each village. They taught Chinese language, Mathematics, English, Music, PE, Arts, Geography and Safety Education to children in these two villages. That not only strengthened the foundation of what they have learnt in school but also widened their vision which made the activity more interesting and fruitful.
- There were 15 out of 29 students in Butuo who dropped out of school in Butuo last year, after the investigation of Project staff and volunteer Ms. Bi Lixin what parents found that the standard of the school teachers were not up to standard which caused a severe conflict between the teachers and parents; local Government had also interfere in that matter. After the coordination of Project staff and local Government, the Project has successfully in applying two long term volunteer teachings provided by another charitable organisation in Liangshan called Suo Ma Hua, an organisation that focuses in helping school children in Western China. The Project has also improved school environment by improving the environment of school dormitory, supplying new beddings, providing lunch box, learning aides and repairing the solar power system in the school; we have also rewired the electric cable of the school to ensure the power supply. After all these changes and improvement; the number of students increased from 29 originally to 53 at the end of last semester,

which was an 83% increase in number of students. We were told by the teachers that there has also been a great improvement of average academic results of the students.

- Since the teachers in Jinyang were transferred to other locations, we had to implement this programme after the arrival of new teachers in second semester of the school year from 2013 to 2014. After coordinating with the villagers that the Project provided the construction materials and some of the labor shall be input by the villagers in Jinyang. The new school kitchen and shower with solar heaters and renovation of the school toilet was completed in June 2014. The Project has submitted the application to the free lunch scheme and long term volunteer teachers to be stationed in Jinyang to improve meals of the students and teaching standard of the teachers.
- Electricity cable rewiring was successfully completed that not only solved the problem in power supply but also improved the lighting system of the school and the school dormitory. With the improved lighting system that teachers were able to give students extra lessons in the evening in order to let the students catch up and enhance their studies.

Please refer to the table below for detailed information of bursaries.

Village		Primary	Junior	Senior	University	Total
Puge	# of applications	25	24	8	7	64
	Amount	6500	12000	8000	14000	40500
Luding	# of applicants	2	2	6		10
	Amount	520	1000	6000		7520
Muli	# of applicants	10				10
	Amount	2600				2600
Butuo	# of applicants	2	2	2		6
	Amount	520	1000	2000		3520
Xide	# of applicants			2	2	4
	Amount			2000	4000	6000
Jinyang	# of applicants	6	26			32
	Amount	1560	13000			14560
Total number of times of students benefited:						126
Total amount of bursaries disbursed:						74700

7.3 Public Awareness Education

- In order to fulfill the needs of elderly PALs and hygiene education programmes, the Project organised 8 volunteers from Xichang College to launch entertainment and hygiene education activities in Yanbian and Butuo.
- 9 Volunteers from Xichang College spent the entire day of 6th July in Project office to attend the training for health and hygiene education to be conducted in Xide by Project staff. Staff then led the volunteers who were previously trained for the programme together with 42 students from the village to launch such meaningful activity from 9th to 12th July.
- Staff and 6 volunteers were invited to the graduation ceremony of Xihe Primary School in Jinyang. The ceremony was held on May 8th, 2013. Scholarship, prizes and awards have been presented to students at the ceremony.
- Since it is always not easy for elderly PALs to go out of their villages, especially for those disabled PALs. In view of this, Project organises city tour events from time to time to let them have the chance to visit the cities. 2 severely disabled PALs accompanied by 10 PALs from Puge, Xide and Luding had a one-day city tour in Xichang. We named the event “Let’s go to the sea in spring”, they visited Qiong Hai which is the famous lake in Xichang City and they called it “sea” instead of lake. PALs were also able to go to the cinema for movies for the first time of their lives. PALs also visited Yi Museum and Walmart.
- Project has printed and delivered 4500 copies of newsletters to related organisations and Government offices. 128 blogger articles were published on the internet which attracted thousands of clicks.
- Donations such as horse for the village in Butuo as transportation of daily necessities and supplies, clothes and other materials were received from various individuals and organisations all over China. An organisation from Chengdu also purchased more than RMB10,000 of honey from Blacksoil Cooperatives.
- The following links are the media coverage of activities held during 2013-2014;
<http://www.lsiptv.cn/2014/0121/xMMDAwMDAzMTYxMw.html>
<http://v.xcdx169.net/watch/11046.html>
<http://ls.newssc.org/system/20140126/001332366.html>
http://www.ls666.com/html/News_Center/LS_News/2014-01/20140126_shizheng_113784.html
<http://www.xichang.gov.cn/Item/19668.aspx>
http://www.lsrbcn.com/html/2014-01/26/content_62356.htm
http://city.lsrbcn.com/html/2014-01/22/content_61885.htm
http://blog.voc.com.cn/blog_showone_type_blog_id_827584_p_1.html

7.4 Community Nutrition, Hygiene and Health Education

- Hygiene has always been one of the most difficult issues in Project villages due to long tradition and habit; it is difficult to change. Staff has launched nearly 70 education sessions in 7 villages on hazards of junk food and refuse as villagers used to discard refuse anywhere or by burning them; staff also educated villagers about how parasites endanger their health and how to prevent from them. Staff visited every household in these villages at least twice during their regular village visits within last year to ensure 100% coverage. They have made over 900 visits last year to educate them about hygiene and health knowledge to villagers face to face. Project has also organised 20 college volunteers to conduct health education to elderly PALs and villagers in Xide, Butuo and Yanbian.

Table of beneficiaries of hygiene and health education programmes

Name of Village	# of Members of Community Management Team	# of Members of Student Management Team	# of Participating Households	# of Participating Villagers
Xide	2	10	128	406
Butuo	4	6	67	216
Puge	2	10	120	537
Jinyang	5		40	162
Ganluo	3		22	109
Luding	3		22	63
Muli	3		30	136
Total	22	26	429	1629

- Management teams and systems on hygiene and health education were set up in 7 villages in order to monitor the implementation of the education programmes, as well as registration and distribution of hygiene supplies to participating households of hygiene programmes. A very small amount of money is collected from participant of the hygiene households in order to encourage them to cherish the hygiene supplies.
- Project has also conducted testing of all water sources in Xide, Yanbian and Huili and the test indicators interpreted that the total number of E. Coli and total number of heat resistant E. Coli could not meet the requirement of hygiene standard of drinking water of the State (ref. GB5749-2006). Besides from E Coli, total number of colonies also greatly exceeded the recognised limit and mercury and other harmful substance was also found in water sample from Huili. In view of these cases, Project has implemented water collection and filtration system with a water tower for Yanbian which will be finished in third quarter of the year 2014-2015. Project has also been seeking funds to solve water issues in Huili, Xide and other villages.

- Staff have also conducted data collection and surveys on malnourished children in Xide, Jinyang and Butuo, and have set Xide as the pilot village for treatment of acute and chronic malnourished children. Medical Director has strictly followed the guidelines from the WHO and wished to import RUTF (Ready to Use Therapeutic Food), which is the food recommended by the WHO to treat acute and chronic malnourished children. Project has sourced supplier in Shanghai who is willing to import RUTF for the first time, and an import license is required to import the food from France. Unfortunately, Project has faced great difficulty in applying the import license, which was not yet approved till the end of March, 2014. Since it was un-realistic to wait for the license forever, Medical Director has also been working on contingency plans to replace RUTF in case the application is turned down by the Government. Contingency plans will be implemented if Project could not receive the RUTF till end of July 2014.

Table of distribution of hygiene supplies

Description of Hygiene Supplies	Statistics of supplies distributed				
	Apr to Jun	Jul to Sep	Oct to Dec	Jan to Mar	Total
Water Buckets	30		189	350	569
Rubbish Bin	19		186	390	595
Sweepers	20	18	186	495	719
Dustpans	20	18	179	420	637
Brushes		50			50
Mugs		80	297	555	932
Towels	69	40	573	2184	2766
Disinfectant solution	40				40
Soaps	212	389	707	913	2221
Toothpaste	93	96	596	1885	2670
Toothbrush	63	95	557	1900	2615
Washing powder	30	58	298	822	1208
Detergent		50		180	330
Plastic basin	114	85	274	420	893
Steel basin			155	335	490

7.5 Staff Training and Capacity Building

- Former Red Cross staff, volunteer Ms. Sonya Fock spent one week in Xichang office and Xide to offer training in project planning, management and participatory approach to project staff and villagers in Xide in December, 2013.
- Staff Rihai Riga and new staff, Henry Xie, a newly graduated students from Shanghai University from our village in Puge attended a public awareness event organised by Handa in Kunming in order to learn better planning and organising public events; they have also

took the chance to participate in the training courses offered by Handa in project management.

- Staff spent 3 days in a small fishing village near Xichang City for staff capacity building; project has noticed that such chance to improve capacity of team work and cooperation was scarce, that may affect the stability of the team and future development of the Project. Staff believed that such capacity building activities should be organised every year in order to raise team spirit, mutual understanding and cooperation.